# Anti-Snore Appliances

Heavy snoring can lead to the condition called "obstructive sleep apnea." This is a serious sleep disorder in which the sleep is constantly disrupted because there is a lack of air flowing to the lung through the mouth or nose. The loud snoring is interrupted by periods of silence. The condition may elevate the blood pressure and cause hypertension, coronary artery disease, heart attack and stroke. People with this condition have poor sleep and feel tired during the day.

While there are different treatments for this condition a simple mouth appliance may help to open the airways during sleep and provide vital relief.

## Testimonials

*"...no more loud and thunderous sound that keeps me awake all night and we both can sleep like we used to...it has really saved our marriage. Thank you so much!...*" — Mrs. K., 45